



## Transformational Life Coaching: Creating Limitless Opportunities for Yourself and Others (Paperback)

By Cherie Carter-Scott, Lynn U. Stewart

HEALTH COMMUNICATIONS, United States, 2008. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. The definitive rule book for becoming a life coach from the founder of the coaching movement Cherie Carter-Scott, Ph.D., is the original life coach. In 1974, she founded the first Coach Training program and since then has written many books, including the #1 New York Times bestseller *If Life Is a Game, These Are the Rules: Ten Rules for Being Human*. Continuing her tradition of teaching others how to become brilliant coaches for themselves and their clients, Dr. Carter-Scott's latest book reveals the strategies she uses with hundreds of thousands of clients worldwide with astonishing success. For more than thirty years, Dr. Carter-Scott and her business partner, Lynn U. Stewart, have been training people to become life coaches through their organization, Motivation Management Service (the MMS Institute), a network of executive coaches, consultants, and trainers. Now, in this inspirational guidebook, you will learn the strategies that students of the MMS Institute receive, as well as the necessary tools of transformational life coaching, including: The Checklist for a Brilliant Session The importance of acknowledging, integrating, and honoring feelings Listening to messages...



**READ ONLINE**  
[ 4.08 MB ]

### Reviews

*An incredibly amazing ebook with perfect and lucid answers. It is written in basic terms and never difficult to understand. It's been written in an exceptionally basic way and it is only right after I finished reading this ebook in which in fact modified me, affect the way I really believe.*

-- Beverly Hoppe

*Extremely helpful for all class of individuals. Better than never, though I am quite late in start reading this one. I realized this publication from my I and dad suggested this ebook to discover.*

-- Adela Schroeder II