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A Validation Journal



Luna Madre Inc., United States, 2014. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover the power of validation, naming feelings and grounding in the strength of who you are in this inspiring journal that encourages self love and wholeness. Affirmations and writings to reflect and affirm what is true for you with reminders of how to navigate life in healthy ways. A companion to Being Whole: A Guide Book,...

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- Authored by Linda Newlin
- Released at 2014



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