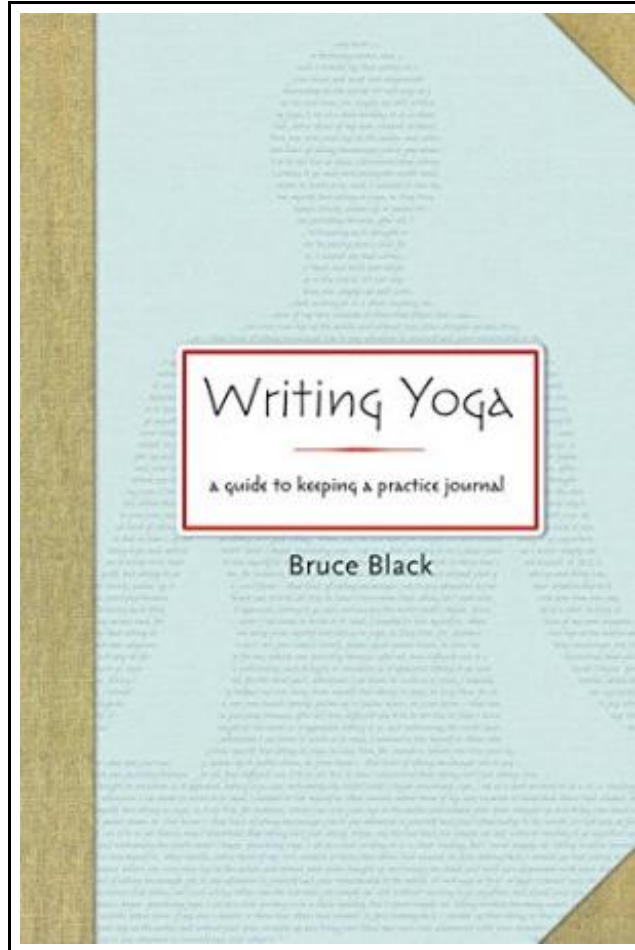


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WRITING YOGA: A GUIDE TO KEEPING A PRACTICE JOURNAL

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